**UC Davis Medical Group** offers nationally renowned primary care and specialty expertise based at UC Davis Medical Center and multiple medical offices across the greater Sacramento region. Medical group physicians, nurse practitioners and clinical nurse specialists emphasize wellness and prevention, apply the latest knowledge to solve health problems and offer access to promising clinical trials, newly proven therapies and advanced technologies when needed.

FOR PATIENTS

**Find a UC Davis physician, nurse practitioner or clinical nurse specialist**

Consumer Resource Center: **800-2-UCDAVIS (800-282-3284)**

- General information about available providers and services
- Assistance with appointments and referrals
- Information about accepted insurance plans

Established UC Davis patients can also use the MyChart® web-based portal to communicate with their care teams, request certain appointments and refills, access medical records and more.

FOR HEALTH PROFESSIONALS

**Outpatient referrals and provider phone consultations**

UC Davis Physician Referral Center: **800-4-UCDAVIS (800-482-3284) Option #2**

Monday – Friday, 8 a.m. to 5 p.m.

Or online (non-urgent) requests via referrals.ucdavis.edu

- Information about availability of specialty services
- Coordination and status of referrals to specialty services
- Assistance for provider-to-provider phone consultations with specialists

**Acute interfacility transfers and after-hours consultations**

24/7 Transfer Center: **800-4-UCDAVIS (800-482-3284)**

- Round-the-clock, R.N.-led coordination of acute interfacility transfers
- After-hours coordination of emergent provider-to-provider telephone consultations for complex or unusual cases
- Transfer requests evaluated based upon clinical urgency, availability of resources and other factors

Referring physicians can receive real-time access to test results and clinical information for their patients at UC Davis through the PhysicianConnect online electronic medical record.

MyChart® Epic Systems Corporation
# Table of Contents

Child Maltreatment ................................................................................................................................. 1  
Index .................................................................................................................................................... 2
Child Maltreatment

Anna M. L. Washington, Ph.D.
Psychologist II

Specialties:
Trauma, Child Maltreatment, Forensics

Education:
M.S., Psychology, Saint Joseph's University, Philadelphia PA 2009
Ph.D., Psychology, University of Maryland, Baltimore County (UMBC), Baltimore MD 2014

Board Certifications: Board of Psychology, State of California, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Parent-Child Interaction Therapy (PCIT)

CAARE Diagnostic and Treatment Center
3671 Business Drive
Sacramento, CA 95820
Phone: 916-734-8396
Index

W
Washington, Anna M. L. .............................. 1