UC Davis Medical Group Directory

Your guide to primary and specialty health-care providers

Patient information and appointment assistance:
800-2-UCDAVIS
(800-282-3284)

Provider referral and transfer assistance:
800-4-UCDAVIS
(800-482-3284)

medicalgroup.ucdavis.edu
UC Davis Medical Group offers nationally renowned primary care and specialty expertise based at UC Davis Medical Center and multiple medical offices across the greater Sacramento region. Medical group physicians, nurse practitioners and clinical nurse specialists emphasize wellness and prevention, apply the latest knowledge to solve health problems and offer access to promising clinical trials, newly proven therapies and advanced technologies when needed.

FOR PATIENTS

Find a UC Davis physician, nurse practitioner or clinical nurse specialist

Consumer Resource Center: 800-2-UCDAVIS (800-282-3284)

- General information about available providers and services
- Assistance with appointments and referrals
- Information about accepted insurance plans

Established UC Davis patients can also use the MyChart® web-based portal to communicate with their care teams, request certain appointments and refills, access medical records and more.

FOR HEALTH PROFESSIONALS

Outpatient referrals and provider phone consultations

UC Davis Physician Referral Center: 800-4-UCDAVIS (800-482-3284) Option #2

Monday – Friday, 8 a.m. to 5 p.m.

Or online (non-urgent) requests via referrals.ucdavis.edu

- Information about availability of specialty services
- Coordination and status of referrals to specialty services
- Assistance for provider-to-provider phone consultations with specialists

Acute interfacility transfers and after-hours consultations

24/7 Transfer Center: 800-4-UCDAVIS (800-482-3284)

- Round-the-clock, R.N.-led coordination of acute interfacility transfers
- After-hours coordination of emergent provider-to-provider telephone consultations for complex or unusual cases
- Transfer requests evaluated based upon clinical urgency, availability of resources and other factors

Referring physicians can receive real-time access to test results and clinical information for their patients at UC Davis through the PhysicianConnect online electronic medical record.

MyChart® Epic Systems Corporation
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**Trauma**

### Anna M. L. Washington, Ph.D.
Psychologist II

**Specialties:**
Trauma, Child Maltreatment, Forensics

**Education:**
M.S., Psychology, Saint Joseph’s University, Philadelphia PA 2009  
Ph.D., Psychology, University of Maryland, Baltimore County (UMBC), Baltimore MD 2014

**Board Certifications:**
Board of Psychology, State of California, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Parent-Child Interaction Therapy (PCIT)

CAARE Diagnostic and Treatment Center  
3671 Business Drive  
Sacramento, CA  95820  
Phone: 916-734-8596

### Julie Alpert Weckstein, M.S.W.
Licensed Clinical Social Worker

**Specialty:**
Trauma

**Education:**
M.S.W., California State University, Sacramento, Sacramento CA 1990

**Board Certification:**
Licensed Clinical Social Worker

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