UC Davis Medical Group offers nationally renowned primary care and specialty expertise based at UC Davis Medical Center and multiple medical offices across the greater Sacramento region. Medical group physicians, nurse practitioners and clinical nurse specialists emphasize wellness and prevention, apply the latest knowledge to solve health problems and offer access to promising clinical trials, newly proven therapies and advanced technologies when needed.

FOR PATIENTS

Find a UC Davis physician, nurse practitioner or clinical nurse specialist
Consumer Resource Center: 800-2-UCDAVIS (800-282-3284)
- General information about available providers and services
- Assistance with appointments and referrals
- Information about accepted insurance plans

Established UC Davis patients can also use the MyChart® web-based portal to communicate with their care teams, request certain appointments and refills, access medical records and more.

FOR HEALTH PROFESSIONALS

Outpatient referrals and provider phone consultations
UC Davis Physician Referral Center: 800-4-UCDAVIS (800-482-3284) Option #2
Monday – Friday, 8 a.m. to 5 p.m.
Or online (non-urgent) requests via referrals.ucdavis.edu
- Information about availability of specialty services
- Coordination and status of referrals to specialty services
- Assistance for provider-to-provider phone consultations with specialists

Acute interfacility transfers and after-hours consultations
24/7 Transfer Center: 800-4-UCDAVIS (800-482-3284)
- Round-the-clock, R.N.-led coordination of acute interfacility transfers
- After-hours coordination of emergent provider-to-provider telephone consultations for complex or unusual cases
- Transfer requests evaluated based upon clinical urgency, availability of resources and other factors

Referring physicians can receive real-time access to test results and clinical information for their patients at UC Davis through the PhysicianConnect online electronic medical record.

MyChart® Epic Systems Corporation
# Table of Contents

Weight Management ........................................................................................................................................ 1
Index ......................................................................................................................................................... 2
Weight Management

Elaine C. Souza, M.P.H., RD
Senior Dietitian

Specialties:
Bariatric Surgery Nutrition, Weight Management

Education:
M.P.H., Nutrition, University of Minnesota-Twin Cities, Minneapolis MN 2001

Board Certifications:
American Dietetic Association Adult Weight Management Certificate, American Dietetic Association Pediatric Weight Management Certificate

UC Davis Medical Center - Cypress Building
2221 Stockton Blvd.
Suite E
Sacramento, CA 95817
Phone: 800-2-UCDAVIS
Index

S
Souza, Elaine C. ......................................................... 1.