UC Davis Medical Group offers nationally renowned primary care and specialty expertise based at UC Davis Medical Center and multiple medical offices across the greater Sacramento region. Medical group physicians, nurse practitioners and clinical nurse specialists emphasize wellness and prevention, apply the latest knowledge to solve health problems and offer access to promising clinical trials, newly proven therapies and advanced technologies when needed.

FOR PATIENTS

Find a UC Davis physician, nurse practitioner or clinical nurse specialist
Consumer Resource Center: 800-2-UCDAVIS (800-282-3284)

- General information about available providers and services
- Assistance with appointments and referrals
- Information about accepted insurance plans

Established UC Davis patients can also use the MyChart® web-based portal to communicate with their care teams, request certain appointments and refills, access medical records and more.

FOR HEALTH PROFESSIONALS

Outpatient referrals and provider phone consultations
UC Davis Physician Referral Center: 800-4-UCDAVIS (800-482-3284) Option #2
Monday – Friday, 8 a.m. to 5 p.m.
Or online (non-urgent) requests via referrals.ucdavis.edu

- Information about availability of specialty services
- Coordination and status of referrals to specialty services
- Assistance for provider-to-provider phone consultations with specialists

Acute interfacility transfers and after-hours consultations
24/7 Transfer Center: 800-4-UCDAVIS (800-482-3284)

- Round-the-clock, R.N.-led coordination of acute interfacility transfers
- After-hours coordination of emergent provider-to-provider telephone consultations for complex or unusual cases
- Transfer requests evaluated based upon clinical urgency, availability of resources and other factors

Referring physicians can receive real-time access to test results and clinical information for their patients at UC Davis through the PhysicianConnect online electronic medical record.

MyChart® Epic Systems Corporation
# Table of Contents

Maternal Mental Health ........................................................................................................... 1
Index .................................................................................................................................. 2
Maternal Mental Health

Brenna Rizan, MSW, LCSW
Perinatal Social Worker

**Specialties:**
Maternal Mental Health, Perinatal Grief and Loss

**Education:**
MSW, Social Work, California State University-Sacramento, Sacramento CA 2007

**Board Certification:** California Board of Behavioral Sciences Licensed Clinical Social Worker

**Obstetrics and Gynecology Clinic**
4860 Y St.
Suite 2500
Sacramento, CA 95817
Phone: (916) 734-6900

**OB/GYN**
2521 Stockton Blvd.
4th Floor
Sacramento, CA 95817
Phone: (916) 734-6900
Phone: (916) 734-6900
Index

R

Rizan, Brenna ......................................................... 1.