**UC Davis Medical Group** offers nationally renowned primary care and specialty expertise based at UC Davis Medical Center and multiple medical offices across the greater Sacramento region. Medical group physicians, nurse practitioners and clinical nurse specialists emphasize wellness and prevention, apply the latest knowledge to solve health problems and offer access to promising clinical trials, newly proven therapies and advanced technologies when needed.

**FOR PATIENTS**

**Find a UC Davis physician, nurse practitioner or clinical nurse specialist**

Consumer Resource Center: 800-2-UCDAVIS (800-282-3284)
- General information about available providers and services
- Assistance with appointments and referrals
- Information about accepted insurance plans

Established UC Davis patients can also use the MyChart® web-based portal to communicate with their care teams, request certain appointments and refills, access medical records and more.

**FOR HEALTH PROFESSIONALS**

**Outpatient referrals and provider phone consultations**

UC Davis Physician Referral Center: 800-4-UCDAVIS (800-482-3284) Option #2
Monday – Friday, 8 a.m. to 5 p.m.
Or online (non-urgent) requests via referrals.ucdavis.edu
- Information about availability of specialty services
- Coordination and status of referrals to specialty services
- Assistance for provider-to-provider phone consultations with specialists

**Acute interfacility transfers and after-hours consultations**

24/7 Transfer Center: 800-4-UCDAVIS (800-482-3284)
- Round-the-clock, R.N.-led coordination of acute interfacility transfers
- After-hours coordination of emergent provider-to-provider telephone consultations for complex or unusual cases
- Transfer requests evaluated based upon clinical urgency, availability of resources and other factors

Referring physicians can receive real-time access to test results and clinical information for their patients at UC Davis through the PhysicianConnect online electronic medical record.
# Table of Contents

Musculoskeletal Pain Medicine .......................................................................................................................................................... 1

Index ................................................................................................................................................................................................. 2
Charles De Mesa, D.O., M.P.H.
Director of Pain Medicine Fellowship; Director of Musculoskeletal Pain Medicine; Assistant Professor

Specialties:
Anesthesiology and Pain Medicine, Physical Medicine and Rehabilitation, Musculoskeletal Pain Medicine

Education:
D.O., A.T. Still University – Kirksville
College of Osteopathic Medicine, Kirksville MO 2010
M.P.H., Environmental and Occupational Health, University of Hawaii-Manoa, Honolulu HI 1999

Board Certifications: American Board of Physical Medicine and Rehabilitation, Pain Medicine, American Board of Physical Medicine and Rehabilitation

Patient Support Services Building
4150 V St.
Suite 1200
Sacramento, CA 95817
Phone: (916) 734-5031
Index

D
De Mesa, Charles ...................................... 1