Your guide to primary and specialty health-care providers

Patient information and appointment assistance:
800-2-UCDAVIS
(800-282-3284)

Provider referral and transfer assistance:
800-4-UCDAVIS
(800-482-3284)

medicalgroup.ucdavis.edu
UC Davis Medical Group offers nationally renowned primary care and specialty expertise based at UC Davis Medical Center and multiple medical offices across the greater Sacramento region. Medical group physicians, nurse practitioners and clinical nurse specialists emphasize wellness and prevention, apply the latest knowledge to solve health problems and offer access to promising clinical trials, newly proven therapies and advanced technologies when needed.

FOR PATIENTS

Find a UC Davis physician, nurse practitioner or clinical nurse specialist
Consumer Resource Center: 800-2-UCDAVIS (800-282-3284)
- General information about available providers and services
- Assistance with appointments and referrals
- Information about accepted insurance plans

Established UC Davis patients can also use the MyChart® web-based portal to communicate with their care teams, request certain appointments and refills, access medical records and more.

FOR HEALTH PROFESSIONALS

Outpatient referrals and provider phone consultations
UC Davis Physician Referral Center: 800-4-UCDAVIS (800-482-3284) Option #2
Monday – Friday, 8 a.m. to 5 p.m.
Or online (non-urgent) requests via referrals.ucdavis.edu
- Information about availability of specialty services
- Coordination and status of referrals to specialty services
- Assistance for provider-to-provider phone consultations with specialists

Acute interfacility transfers and after-hours consultations
24/7 Transfer Center: 800-4-UCDAVIS (800-482-3284)
- Round-the-clock, R.N.-led coordination of acute interfacility transfers
- After-hours coordination of emergent provider-to-provider telephone consultations for complex or unusual cases
- Transfer requests evaluated based upon clinical urgency, availability of resources and other factors

Referring physicians can receive real-time access to test results and clinical information for their patients at UC Davis through the PhysicianConnect online electronic medical record.

MyChart® Epic Systems Corporation
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Adult Echocardiography

Margaret Michele Penkala, M.D.
Associate Physician

Specialties:
Cardiology, Adult Echocardiography

Education:
M.D., Albert Einstein College of Medicine, Bronx NY 1991

Board Certifications: National Board of Echocardiography - Adult Transthoracic and Transesophageal Echocardiography, American Board of Internal Medicine, Cardiology

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UC Davis Medical Group - Folsom
251 Turn Pike Dr.
Folsom, CA  95630
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Clinic Fax: (916) 355-1458
Cardiology

http://www.ucdmc.ucdavis.edu/internalmedicine/cardio/

**Victor O. Bonilla, M.D.**
Associate Physician

**Specialties:** Cardiology, Cardiovascular Medicine, Internal Medicine  
**Education:** M.D., University of Honduras Medical School, Tegucigalpa, 1970  
**Board Certifications:** American Board of Internal Medicine, Cardiovascular Medicine, American Board of Internal Medicine

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**Tennyson G. Lee, M.D.**
Associate Physician

**Specialties:** Cardiology, Cardiovascular Medicine  
**Education:** M.D., Creighton University School of Medicine, Omaha, Nebraska, 1973  
**Board Certifications:** American Board of Internal Medicine, Cardiovascular Disease, American Board of Internal Medicine

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**Margaret Michele Penkala, M.D.**
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**Specialties:** Cardiology, Adult Echocardiography  
**Education:** M.D., Albert Einstein College of Medicine, Bronx NY 1991  
**Board Certifications:** National Board of Echocardiography - Adult Transthoracic and Transesophageal Echocardiography, American Board of Internal Medicine, Cardiology

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**Clinic Fax:** (916) 355-1458
Cardiovascular Medicine
http://www.ucdmc.ucdavis.edu/internalmedicine/cardio/

Victor O. Bonilla, M.D.
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Specialties:
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Tennyson G. Lee, M.D.
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Specialties:
Cardiology, Cardiovascular Medicine

Education:
M.D., Creighton University School of Medicine, Omaha, Nebraska, 1973

Board Certifications: American Board of Internal Medicine, Cardiovascular Disease, American Board of Internal Medicine

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Family and Community Medicine

Michael Boyd, M.D.
Associate Physician

Specialty: Family and Community Medicine
Education: M.D., University of Colorado School of Medicine, Denver, Colorado, 2008
Board Certification: American Board of Family Medicine

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Karen Panek, M.D.
Associate Physician

Specialty: Family and Community Medicine
Education: M.D., Eastern Virginia Medical School, Norfolk, Virginia, 1997
Board Certification: American Board of Family Medicine

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John Youngblood, MD
Associate Physician

Specialty: Family and Community Medicine
Education: M.D., Eastern Virginia Medical School, Norfolk VA, 1997

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James William (Jim) Nichol, M.D.
Associate Physician

Specialty: Family and Community Medicine
Education: M.D., Medical College of Wisconsin, Wauwatosa WI 2001

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Internal Medicine

Guadalupe Avila-Kirwan, M.D.
Associate Physician

Specialty: Internal Medicine
Education: M.D., Ohio State University College of Medicine, Columbus, Ohio, 1993
Board Certifications: American Board of Internal Medicine, American Board of Pediatrics

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Victor O. Bonilla, M.D.
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Board Certifications: American Board of Internal Medicine, Cardiovascular Medicine, American Board of Internal Medicine

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Dan Merck, M.D.

Specialty: Internal Medicine
Education: M.D., UC San Diego, La Jolla, California, 1995
Board Certification: American Board of Internal Medicine

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Apeet Hundal, M.D.
Associate Physician

Specialty: Internal Medicine
Education: M.D., Our Lady of Mercy Medical Center, Bronx, New York, 2006
Board Certification: American Board of Internal Medicine

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Narges Shariati Varnosfaderani, M.D.
Associate Physician

Specialty: Internal Medicine
Education: M.D., Iran University of Medical Sciences, Tehran, 1997

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Phone: (530) 888-7616
Nancy L. West, M.D.
Associate Physician

Specialty:
Obstetrics and Gynecology

Education:
M.D., UC Davis School of Medicine, Sacramento CA 1984

Board Certification: American Board of Obstetrics and Gynecology

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Test 2
Phone: (530) 888-7616
Pediatric Cardiology

Bianca Castellanos, M.D.
Associate Physician Diplomate

Specialties:
Pediatric Cardiology, Pediatrics

Education:
M.D., University of Illinois at Chicago, Chicago IL 2011

Board Certification: American Board of Pediatrics

Pediatric Specialty Clinics
2521 Stockton Blvd.
Suite 3200
Sacramento, CA 95817
Phone: 916-734-3112

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Auburn, CA 95603
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Frank F. Ing, M.D., FACC, FSCAI
Chief, Division of Pediatric Cardiology; Codirector, UC Davis Pediatric Heart Center; Professor of Pediatrics

Specialty:
Pediatric Cardiology

Education:
M.D., State University of New York at Stony Brook, Stony Brook NY 185

Board Certifications: American Board of Pediatrics, Pediatric Cardiology, American Board of Pediatrics

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Phone: 800-282-3284

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Phone: (916) 783-7109
Fax: (916) 783-0470
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Associate Physician Diplomate

Specialties:
Pediatric Cardiology, Pediatrics

Education:
M.D., University of Illinois at Chicago, Chicago IL 2011

Board Certification: American Board of Pediatrics

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Test 1
Phone: (530) 888-7616
Pediatrics General

http://www.ucdmc.ucdavis.edu/children

Marcy Lora Ahrons, M.D.
Associate Physician

Specialty:
Pediatrics General

Education:
M.D., Baylor College of Medicine, Houston
TX 1987

Board Certification:
American Board of Pediatrics

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